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Late summer escapes



St Moritz Hotel, Cornwall
This sleek hotel, just a stone's throw from Polzeath Beach, Padstow and St Enodoc golf course, is the perfect base to explore Cornwall. You can relax at the dreamy Cowshed spa, and indulge at the stylish brasserie at night. The hotel is offering three midweek nights for the price of two. Rooms from £173. *www.stmoritzhotel.co.uk*

Hôtel de Toiras, Île de Ré



This picturesque, tiny island on France's Atlantic coast is known as Paris-on-Sea and is strung with dune-lined sandy beaches, pine forests and vineyards that are perfect for exploring by bike. The 20-room boutique hotel, in the port of St Martin de Ré, has superior rooms from £230. *www.hotel-de-toiras.com*



The Cambrian, Adelboden
Refresh yourself with a Swiss Alps break. Surrounded by wild flowers and deep, clear lakes, the hotel has a two-night B&B Hiking & Wellness package that includes a four-course dinner, a cable car pass to get you into the mountains, and a massage to ease those muscles after all that exertion. From £515 for two people. *www.thecambrianadelboden.com*



Relais San Maurizio, Piedmont
Nestled in the hills of Piedmont's wine and truffle area, the five-star Relais San Maurizio has a thalassotherapy spa and a Michelin-star restaurant. A three-night B&B package (£1,145pp) includes dinner in the restaurant, a half day at the spa and wine-tasting at a local winery. *www.relaissanmaurizio.it*

Alison Tyler